



Shep-O-Gram

German Shepherd Dog Club of Minneapolis/St Paul

September 2014

Shep-O-Gram

Editor Julie Swinland

651- 457-5459

Blackforestgsd@msn.com

GSDC MSP Officers

President Julie Swinland

651-457-5459

blackforestgsd@msn.com

Vice President

Cristtina McColl

Cristinamn2006@Yahoo.
com

Secretary Sarah Falk

316 Adams Avenue S.

Edina, MN 55343

sarahfalk4gsd@gmail.com

Treasurer

Liz Lunde

9960 Bennett Place

Eden Prairie, MN 55347

lunde233@umn.edu

Board members

Denise Gilbertson

Ann Jeddehloh

Lisa Lunde

Training Director

Verna Kubik

vmk4gsds@dishup.us

715-549-6365

Web

Roberta Moore

Robertamoore2@mac.com

We had a great State Fair again this year. Thank you to all the volunteers and to Peggy Simerson for organizing the event. I have a lot of pictures, mostly taken by Sue Smith. Thank you Sue! I took a few too. I didn't get any of the obedience demo or the nosework, but we have a lot of the rest of the demos. Our agility group has grown to 16 dogs partially thanks to Rhonda's agility classes. She is working on planning a winter location so we can continue classes.

We had lots of changes to discuss at the last meeting and now all obedience classes at \$70 for a block for members and \$80 for non-members.

- o Puppy class: 10-week /45 minute sessions at \$70 for members, \$80 non-members at 6:45-7:30.
- o Beginner Obedience is the next class in the progression. This is a 10-week / 60 minutes at 8:30-9:30. Students must pass out of this class to move into Intermediate.
- o Intermediate/Advanced Obedience 7:30-8:30 10 week/60 minutes.

The October meeting has moved to Oct 17.

Our first nosework class has ended and hopefully we can have one again in the future. Handlers and dogs all had fun.

Our fall match will be November 21 the week before Thanksgiving and we need a match chair and other volunteers. Think of potential judges.

You can find the upcoming events on the last page of this issue.

I have additional information on upcoming events where we may need ideas/volunteers on page 11.

There is an article on food allergies starting on page 8.

Julie Swinland

651-457-5459

Blackforestgsd@msn.

JOIN THE GSDC OF AMERICA TODAY!

German Shepherd Dog Club of America Membership Application

Requirements: Minimum age of 18 years. Must be in good standing with AKC. Membership includes subscription to *The German Shepherd Dog Review*.

Membership Type: (circle one)
 Single \$66.00 Family* \$100.00
*Dues are not tax deductible * Family is defined as same household or significant other.*
Make checks payable to GSDCA (Outside the US add \$24.00)

Name _____

Address _____ City _____ State _____ Zip _____

Phone (s) _____ Fax _____ Email _____

I (we) hereby make application to the above Club and agree, if accepted for membership, to abide by its Bylaws and the Bylaws of the AKC. Upon application I will be eligible for all privileges except the right to vote. Thirty days after my name is published in the Review, provided no objections have been filed I will be granted the right to vote

Signed _____ Signed _____

Mail to: Gail Hardcastle, 49 Lakeview Road, White Salmon, WA 98672
 hardcastle@starband.net

This is the membership application for the German Shepherd Dog Club of America. For the application for our club see the club web site or pick one up at training

FaerieLand Rescue news

We have applied for our name and rec'd the ok from the State of Minnesota

we are now FaerieLand Rescue

we have a business address:

**PO Box 213
Anoka MN 55303**

We have taken in 31 dogs and adopted out 31 dogs in 2014.

Of the 31 dogs taken in 12 of the dogs were German Shepherds and 12 of the adoptions were German Shepherds. We currently have 18 dogs in rescue with 12 of the dogs being German Shepherds.

We would like everyone to continue saving aluminum cans. We have made \$200.00 from recycling the aluminum cans this year. Keep saving everyone. It does add make a difference

We are looking for foster homes for German Shepherds. There are so many German Shepherds that need help.

Our Garage Sale fundraiser is coming up from Oct 9 - 11. It will be huge. We will be setting up 2 party tents that are 20' x 40' the last weekend of Sept and the first weekend of Oct. Any one



wishing to come help the with the work of setting up the sale please contact Kathy at kathy@faerielandrescue.org or call 612-414-4073. We would love to have more hlep. You may donate items up to the end of Sept.

Along with the garage sale fundraiser we are offering a bake sale. If folks could provide us with cookies, bars, cakes, pies, or other items for the bake sale. We also want to offer dog treats at the sale.

thank you

**Kathy DuVall
President & Founder
FaerieLand Rescue**

www.faerielandrescue.org

GERMAN SHEPHERD DOG CLUB OF MINNEAPOLIS AND ST. PAUL

Board Meeting Minutes

Aug. 15, 2014

Animal Inn, Lake Elmo MN

Officers present:

Julie Swinland, President

Cristina McColl, Vice President

Sarah Falk, Secretary

Liz Lunde, Treasurer

Officers absent:

Cristina McColl, Vice President

Board Members present:

Denise Gilbertson (two years remaining)

Lisa Lunde (one year remaining)

Ann Jeddeloh (three years remaining)

Board Members absent:

None

Julie Swinland called the meeting to order at 7:40 p.m.

President's Report (Julie Swinland):

- Julie Swinland had nothing to report.

Vice President's Report (Cristina McColl):

- Cristina McColl was absent.

Secretary's Report (Sarah Falk):

- Sarah Falk had nothing to report.

Treasurer's Report (Liz Lunde):

- \$14,962.75 in checking; \$10,739.81 in money market account.
- Specialty Show (\$226.61)
- Fun Day \$320.77

Committee Reports

Shep-o-Gram

- Sent out July and August.

Website

- Julie to connect with Cristina on communication.

Training Schedule

- Redefining Puppy class – 10-week /45 minute

sessions at \$70 for members, \$80 non-members at 6:45-7:30.

- Beginner Obedience is the next class in the progression. This is a 10-week / 60 minutes at 8:30-9:30.
- Intermediate/Advanced Obedience 7:30-8:30 10 week/60 minutes.
- This frees up the kitchen/meeting area up for programs/socialization.
- Request that the Class Names match on the calendar/website/etc.
- Would like to have a match the week before Thanksgiving.

Ad in the Catalog

- Lisa Lunde moved to put an ad in the National Catalog at \$50 for our 2015 Futurity and Specialty show weekend. Sarah seconded. Motion carries.

Herding Trial

- Premium List has been sent. All is going well.

State Fair

- Peggy sent out the schedule; no issues.

Agility Trial

- Made nearly \$1,600. Rhonda will be at the Membership meeting to review details.

Meeting Adjourned at 8:22 p.m.

Next Meeting Sept. 12, 7:30 p.m.

Minutes submitted by Sarah Falk, Secretary

Attendees:

Julie Swinland Verna Kubik Greg Biskey

Sarah Falk Ron Halling

Lisa Lunde

Liz Lunde

Denise Gilbertson



Correction from previous issue.
The dog in the picture is Rhonda's Jaden

**Jennifer Johnston,
Rhonda Meath and
Jaden**

German Shepherd Day at the State Fair



Mollie and Annie



Jeff Rapacz and Remmy

Carla Scott and Justice



Cindy Muehlbauer and Gordon



Julie Swinland and Eywa



Kaitlyn Heiman



Johann with Roger Salava

Verna Kubik and Pam Magadance



Ron Wagner and Sheba



Connie Halfen and Alaska



Michelle Patet and Jake



Craig Carson and SimCar's Pan



Therapy dog with Carol Ouhl



Peggy Simerson announcing Connie Bissionette



Rhonda Meath and Smith



Kaitlyn Heiman



Continued on page 7

GERMAN SHEPHERD DOG CLUB OF MINNEAPOLIS AND ST. PAUL

Membership Meeting Minutes
Aug. 15, 2014
Animal Inn, Lake Elmo MN

Officers present:

Julie Swinland, President
Sarah Falk, Secretary
Liz Lunde, Treasurer

Officers absent:

Cristina McColl, Vice President

Board Members present:

Ann Jeddeloh (three years remaining)
Lisa Lunde (one year remaining)
Denise Gilbertson (two years remaining)

Board Members absent:

None.

Julie Swinland called the meeting to order at 8:35 p.m.

Denise Gilbertson moved to dispense with the reading of the minutes. Virginia Bailey seconded. Motion carried.

President's Report (Julie Swinland):

- Julie Swinland had nothing to report.

Vice President's Report (Cristina McColl):

- Cristina McColl was absent.

Secretary's Report (Sarah Falk):

- Sarah Falk had nothing to report.

Treasurer's Report (Liz Lunde):

- \$14,962.75 in checking; \$10,739.81 in money market account.
- Specialty Show (\$226.61)
- Fun Day \$320.77
- Agility \$1,594.86

Committee Reports

Membership

- Linda Salava: We have 2 new members and are at about 190 members.

Budget and Finance

- Mike Metz: The committee will meet next weekend at the show to begin to discuss and the committee will report in November.

Shep O Gram

- Julie Swinland: July and August newsletters were sent out.

Website

- Bobby Moore: Send event pictures and information to her so she can post it to the site. Request to send an email to the membership asking for pictures.
- Parameters for the breeder's list. Many people listed are just referring people to non-members. Bo made a motion that the litters on the website should be the breeder of record (co-owner), a member of the club, and signer of the Breeder's code, Cindy seconded the motion. Motion passes.

Training

- Verna Kubik:
 - Puppy class: 10-week /45 minute sessions at \$70 for members, \$80 non-members at 6:45-7:30.
 - Beginner Obedience is the next class in the progression. This is a 10-week / 60 minutes at 8:30-9:30. Students must pass out of this class to move into Intermediate.
 - Intermediate/Advanced Obedience 7:30-8:30 10 week/60 minutes.
 - Lisa Lunde moved that the scheduling and blocks be changed. Mike Metz seconded. Motion carried. Lisa moved to accept the pricing changes and to change the standing rules to \$70 members, \$80 for non-members, Diane Blasius Brown seconded. Motion carried. Trainer will get ½ for any run-throughs. Mike moved, Diane seconded. Motion carried.
 - No training Sept. 19 due to agility trial at Animal Inn.
- Would like to have a match the week before Thanksgiving. Verna moved to host a match. Linda seconded, motioned carried.
- Linda Salava is looking for someone to cover the desk for the month of September. Please contact Linda if you are able to help.

2015 Specialty Show

- Verna Kubik: The Board approved putting an ad in the National Catalog at \$50 for our 2015 Futurity and Specialty show weekend.

Herdng

- Julie Swinland: Sept. 20-21 in New Richmond, WI. Premium List has been sent.

Agility

- Rhonda Meath: Dawn Falk will be our provisional judge for the trial next year in March, and it will be very inexpensive. The July trial did not fill, but the area is very saturated with agility events to choose from; however through word of mouth, hospitality, etc., competitors are learning that our event is at the top of their lists (competitors usually work the events also, so "perks" are sometimes a deciding factor); however good judges are critical to drawing people. Mike thanked Rhonda for a job well done.

Continued on next page

Fun Day

• Sarah Falk: Opportunity for next year: Fund-raising opportunities—50/50 raffle, silent auctions, charge for food, t-shirt sales? Might be things to add to the program next year.

Program, Publicity committees

• No volunteers.

State Fair

• Peggy Simerson: Schedule is set, all is well. Peggy has receipts to send to Liz. Bo will be submitting a t-shirt order Monday. If you need a t-shirt, contact your activity lead so you can get one.

New Business

- Mike Metz moved we move the October meeting to Oct. 17, Bo seconded. Motion carried.
- Mike Metz: Standard changes are coming soon, the members of the GSDCA will have the opportunity to vote to change the AKC breed standard. Some changes include changes on long coats, whites, head, nose pigment.
- Mike Metz: Breeder's Symposium Friday night at the National to discuss the state of the breed. Will be a panel format with 6-7 breeders, format TBD. About 50 people have already committed. If interested, contact Mike.

Meeting Adjourned.

Next Meeting Sept. 12, 8:30 p.m.

Minutes submitted by Sarah Falk, Secretary

Attendees:

Julie Swinland Virginia Bailey Diane Blasius Brown
Liz Lunde Rhonda Meath Kelly Salava
Lisa Lunde Laurie Schray Mike Metz
Sarah Falk Linda Salava Bo Vujovich
Denise Gilbertson Cindy Muelhbauer Bobby Moore
Conni Sokolouski Verna Kubik Greg Biskey
Katie Lunde Peggy Simerson

Member Applicants:

Rick St. John
Deb Rossini
Ron Wagner
Marian Gruske

More Fair pictures



**Elaine
Matthys
and
Chaos**



**Cristina
McColl and
Brady**



Conformation



**Lisa Putnam
and Tally**



Conni Sokolouski and Gryffin

Food Allergies and Food Intolerance

Veterinary & Aquatic Services Department, Drs. Foster & Smith

Food allergies account for about 10% of all the allergies seen in dogs. It is the third most common cause after [flea bite allergies](#) and [atopy \(inhalant allergies\)](#). Food allergies generally account for 20% of the causes of itching and scratching in dogs. Food allergies plus atopy account for another 20%.

The entire process of a pet being sensitized to a particular agent in food and the complicated *antibody* response that occurs in the intestinal tract in pets with food allergies are not very well understood. Despite our lack of understanding of the actual disease process, there are many things that we do know including the symptoms, how to diagnose food allergies, and also how to treat them.

Food allergies affect both dogs and cats. Unlike atopy, there is no strong link between specific breeds and food allergies. Food allergies affect both males and females and *neutered* and intact animals equally. They can show up as early as five months and as late as 12 years of age. Many animals with food allergies also have concurrent inhalant or contact allergies.



Food allergy or intolerance?

There is a distinction that needs to be made between food allergies and food intolerances. Food allergies are true allergies and show the characteristic symptoms of itching and skin problems associated with canine and feline allergies. Food intolerances can result in diarrhea or vomiting and do not create a typical allergic response. Food intolerances in pets would be similar to people who get diarrhea or an upset stomach from eating spicy or fried foods. Fortunately, both food intolerances and allergies can be eliminated with a diet free from offending agents.

Common food culprits

Several studies have shown that some ingredients are more likely to cause food allergies than others. In order of the most common offenders in dogs are beef, dairy products, chicken, lamb, fish, chicken eggs, corn, wheat, and soy. As you may have noticed, the most common offenders are the most common ingredients in dog foods. This correlation is not a coincidence. While some proteins might be slightly more antigenic than others, many proteins are similar in form and the incidence of allergic reactions are probably associated with the amount of exposure.

Symptoms

The symptoms of food allergies are similar to those of most allergies seen in dogs and cats. The primary symptom is itchy skin affecting primarily the face, feet, ears, forelegs, armpits and the area around the anus. Symptoms may also include *chronic* or recurrent ear infections, hair loss, excessive scratching, hot spots, and skin infections that respond to antibiotics but reoccur after antibiotics are discontinued. There is evidence that dogs with food allergies may sometimes have an increased incidence of bowel movements. One study showed that non-allergic dogs have around 1.5 bowel movements per day where some dogs with food allergies may have 3 or more per day.

It is difficult to distinguish an animal suffering from food allergies from an animal suffering from atopy or other allergies based on physical signs. However, there are a few signs that increase the suspicion that food allergies may be present. One of these, is a dog with recurrent ear problems, particularly yeast infections. Another, is a very young dog with moderate or severe skin problems. A third tip off, is if a dog suffers from allergies year-round or if the symptoms begin in the winter. And the final clue, is a dog that has very itchy skin but does not respond to steroid treatment.

Diagnosis

The diagnosis for food allergies is very straightforward. But due to the fact that many other problems can cause similar symptoms and that many times animals are suffering from more problems than just food allergies, it is very important that all other problems are properly identified and treated prior to undergoing diagnosis for food allergies. Atopy, flea bite allergies, intestinal parasite hypersensitivities, [sarcoptic mange](#), and yeast or bacterial infections can all cause similar symptoms as food allergies. Once all other causes have been ruled out or treated, then it is time to perform a food trial.

Food trials and elimination diets: A food trial consists of feeding an animal a novel food source of protein and *carbohydrate* for at least 12 weeks. A novel food source would be a protein and carbohydrate that the animal had never eaten before. Examples would include be rabbit and rice, or venison and potato. There are a number of such commercial diets available on the market. In addition, there are specialized diets that have the proteins and carbohydrates broken down into such small molecular sizes that they no longer would trigger an allergic response. These are termed 'limited antigen' or 'hydrolyzed protein' diets. Homemade diets are often used, as the ingredients can be carefully restricted. Regardless of the diet used, it must be the only thing the animal eats for 12 weeks. This means no treats, no flavored medications, no rawhide or pig's ears; absolutely nothing but the special food and water. In addition, the dog should not be allowed to roam, which may result in him having access to food or garbage.

Food Trial Tips

Only the recommended diet must be fed.

Do NOT give:

- Treats
- Rawhides
- Pigs Ears
- Cow hooves
- Flavored medications (including heartworm preventives) or supplements
- Flavored toothpastes
- Flavored plastic toys
- Any type of food when giving medications

If you want to give a treat, use the recommended diet. (Hint: canned diets can be frozen in chunks or baked, and these can be used as treats.)

If possible, feed the other the same diet as the patient. If not, feed other pets in an entirely different location than the patient, and do not allow the patient access to that food.

Do not allow the dog access to the cat's litter box.

Keep your pet out of the room at meal times. Even a few small amounts of food dropped on the floor or licked off of a plate can void an elimination trial and require you to start over. Wash the hands and faces of any children after they have eaten.

Do not allow your pet to roam. Keep dogs on leashes when outside.

Keep a journal in which you can record the date and any foods, treats, etc. your pet may have accidentally eaten.

A food trial consists of feeding a dog a novel food source of protein and carbohydrate for 12 weeks.

Veterinarians used to recommend that a pet only needed to be placed on a special diet for 3 weeks but new studies show that in dogs, only 26% of those with food allergies responded by day 21. However, the vast majority of pets responded by 12 weeks. Therefore, it is very important to keep the pet on the diet for the entire 12 weeks. If the dog shows a marked reduction or elimination of the symptoms, then the animal is placed back on the original food. This is called 'provocative testing' and is essential to confirm the diagnosis. If the symptoms return after going back on the original diet, the diagnosis of a food allergy is confirmed. If there has been no change in symptoms but a food allergy is still strongly suspected, then another food trial using a different novel food source could be tried.

The only way to accurately diagnose food allergies is with a food trial.

Blood Testing: There is no evidence that blood tests are accurate for the diagnosis of food allergies. Veterinary dermatologists insist that there is no merit in these tests whatsoever in the diagnosis of food allergies. The only way to accurately diagnose food allergies is with a food trial as detailed above. While the intradermal skin testing is excellent for diagnosing atopy (inhalant allergies) it is ineffective for food allergies. While specialized blood tests can be used to help in the diagnosis of atopy, they have no benefit in diagnosing food allergies. In our review of all the current books and articles on veterinary dermatology and allergies, we could not find a single dermatologist that endorsed anything other than the food trial as an effective diagnostic aid. If you want to diagnose and treat food allergies you must do a food trial.

Treatment

The treatment for food allergies is avoidance. Once the offending ingredients have been identified through a food trial, then they are eliminated from the diet. Short-term relief may be gained with [fatty acids](#), antihistamines, and steroids, but elimination of the products from the diet is the only long-term solution. The owner of the animal has two choices. They can choose to feed the animal a special commercially prepared diet or a homemade diet.

References and Further Reading

Griffin, CE. Skin immune system and allergic diseases. In: Scott, DW; Miller, WH; Griffin, CE (eds). Muller and Kirk's Small Animal Dermatology. WB Saunders, Philadelphia PA, 2001.

Jackson, HA. Dermatologic manifestations and nutritional management of adverse food reactions. Veterinary Medicine 2007; January:51-64

Kennis, RA. Food allergies: Update of pathogenesis, diagnosis, and management. In Campbell, KL (ed) Veterinary Clinics of North America Small Animal Practice: Updates in Dermatology 2006;36(1):175-184.

Rosenthal, M. You can conduct successful food trials...no really. Veterinary Forum 2008;October:20-25.

Roudebush, P. Hypoallergenic diets for dogs and cats. In: Bonagura, JD (ed). Kirk's Current Veterinary Therapy XIII. WB Saunders, Philadelphia PA, 2000.

Tapp, T; Griffin, CE; Rosenkrantz, W; et al. Comparison of a commercial limited-antigen diet versus home-prepared diets in the diagnosis of canine adverse food reaction. Veterinary Therapeutics 2002;3(3):244-251.

© 2014 Foster & Smith, Inc.

Reprinted as a courtesy and with permission from PetEducation.com (<http://www.PetEducation.com>)

On-line store at <http://www.DrsFosterSmith.com>

Free pet supply catalog: 1-800-323-4208

Come to the GSDCMSP Herding Trials Sept 20 & 21

Location: Polly Simpson's Farm, 1479 200th Ave, New Richmond WI



Photos from past trials

AKC Sanctioned Match November 21 at the Animal Inn

Conformation/ Obedience/Rally

We need a match chair and helpers/planners

Who do we want for judges?

Come bring your ideas to the membership meeting September 12 or let the board members know your ideas if you can't be there

Let's start thinking and planning

Start thinking about what you would like to help with for upcoming events. In addition to the herding trials and the match we have our Christmas pot luck.

Do you have any ideas for fund raising activities?

We have voting for our future judges coming up, I believe in November, remember it changed last year. SO start thinking of appropriate conformation and obedience/rally judges for our future shows.

In January we have the annual banquet. We are very lucky to have Rhonda Meath planning that for us at the Lake Elmo Inn again and I am sure she will have some wonderful surprises for us again. Start thinking about what titles your dogs have accumulated in the past year and what you want to say about them.

After the banquet we start our year of activities all over again we a match in March and our first set of agility trials for the year the end of the month.

Maybe we can have a herding fun day next year. It didn't work out this year, I couldn't get a date that would work. We also might have a geocaching day. Of course we have our specialties and the futurity in June. Maybe we can have some new fund raising activities there. I would like to have more vendors there who could pay a nominal fee for having booth space. Maybe we can talk Bo into having a T-shirt booth and Bobbie could design a special T-shirt for the Midwest futurity. I know Bobbie is pretty busy but maybe she would do that.

It will be another busy year with things for everyone to participate and help with.

We are a club of volunteers and we need participation in planning and carrying out events as well as just participating. Let's all encourage not discourage as one of the previous presidents of the GSDCA was fond of saying. Remember to thank people for the work they do and if you have an idea, speak up, but try to be constructive in our comments.

GSDCMSP Don Cliff Award

Start thinking about who you might want to nominate for the GSDCMSP Don Cliff Award. This award is given out at the annual banquet in January. Criteria is just like the national award:

This award recognizes the member who demonstrate's good sportsmanship as an exhibitor, whether winning or losing, gives of time, energy and/or means to the sport of dogsand the German Shepherd Dog, demonstrates ...

kindness and consideration for newcomers in the breed by encouraging and supporting their growth of knowledge in the breed, is active in conformation or performance, maintains high ethical standards in all circumstances and has been a member of the GSDMSP for a minimum of 10 cumulative years. Nominees for this award may be sent to Julie Swinland blackforestgsd@msn.com. Please include the reasons your nominee is worthy of this award.

Club Events

September 12 membership meeting

No training September 19.

September 20-21 Herding trials at Polly Simpsons in New Richmond WI.

Oct 9-11 FaerieLand Rescue garage sale.

Oct 18 Obedience/socialization workshop with Ron Halling at St Paul Dog Training

Oct 17 Membership meeting.

Nov 21 AKC match - no training,

GSDC MSP Class Schedule

Obedience Classes effective May. 2013

Ring 1

Puppy 6:45-7:30

Intermediate Obedience 7:30-8:30

Beginning obedience 8:30-9:30

Ring 2

Ring 3

Conformation 6:30-7:45

Rally Class Julie Swinland 7:45

Training Director:

Verna Kubik

vmk4gsds@dishup.us

715-549-6365



Shep-O-Gram
1087 Allen Avenue
W. St Paul, MN 55118



German Shepherd Dog Club
of Minneapolis & St Paul