

Shep-O-Gram

German Shepherd Dog Club of Minneapolis/St Paul

November 2010

Shep-O-Gram

Editor Julie Swinland

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GSDC MSP Officers

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Ginny Altman

Lisa Marie Fortier

Training Director

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Sheilawm@comcast.net

651-489-7467

Web Guy

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Jecoda@dishup.us

WE are the Champions! In case you haven't heard we won the large club division of the Regional Challenge again. Great work! Remember to continue to report your new titles, therapy visits etc for the next regional challenge to Mada Skare. The Shep-O-Gram won the Large Cub Monthly division of the newsletter contest for the second year. Our web site took third in the web site competition. AND Helen Miller-Fisher was given the Connie Beckhardt Award. I have included a description of that honor on page 2. You can see all of our club winnings from the nationals on page 3. Hopefully I didn't miss anyone. You may note that this year our members placed or qualified in all of the performance areas except for tracking. Quite an accomplishment in addition to the new Select champions and other conformation placings.

Mada sent out an e-mail asking for volunteers for the nominating committee so we can have a slate of officers to vote for in January. As you know, most of the club positions are 1 year terms with the exception of the board. Every year a few members form the nominating committee and approach people about running for office.

Our club is a very active club. We have an annual awards banquet, monthly meetings, back to back specialty shows, and this coming year the futurity, several matches, back to back herding trials, The Herding Fun days, this year a German Shepherd Fun Day, and the State Fair demos. Sometimes we have presentations, and geocaching days. All of that takes volunteers, chairpersons, officers and participants. While other clubs are dwindling we have been thriving, growing, and doing new things. The herding trials, and fun days are recent additions to our club activities. Some members would like to add tracking or agility. We need the support of all of our members in order to continue our activities. It doesn't have to be anything big, help a little on a committee, bring something to a pot luck, help set up or steward at a match or show. It is an opportunity to learn more about our breed, to have fun with other people who love German Shepherds, and to grow as a club.

All that being said, we need a nominating committee, and we need volunteers to help with the AKC match on Nov 19. If you can bring something for the potluck please contact Jan Anderson so she can coordinate what we will have. The theme is tailgating, so think chili, sloppy Joe's, beans, chips, etc. We will also have a silent auction with the proceeds going to the Faerieland Rescue operated by Kathy DuVall, who is also co chair of the match. So if you have anything to auction off, please bring it. Contact information for Kathy and Jan is on page 11.

Julie Swinland.
(651) 457-5459
Blackforestgsd@msn.com

SOG Due Date
Dec issue - Nov 21

November 12 membership meeting 8:30 Animal Inn

JOIN THE GSDCA OF AMERICA TODAY!

German Shepherd Dog Club of America Membership Application

Requirements: Minimum age of 18 years. Must be in good standing with AKC. Membership includes subscription to *The German Shepherd Dog Review*.

Membership Type: (circle one)
 Single \$66.00 Family* \$100.00
*Dues are not tax deductible * Family is defined as same household or significant other.*
Make checks payable to GSDCA (Outside the US add \$24.00)

Name _____

Address _____ City _____ State _____ Zip _____

Phone (s) _____ Fax _____ Email _____

I (we) hereby make application to the above Club and agree, if accepted for membership, to abide by its Bylaws and the Bylaws of the AKC. Upon application I will be eligible for all privileges except the right to vote. Thirty days after my name is published in the Review, provided no objections have been filed I will be granted the right to vote

Signed _____ Signed _____

Mail to: Gail Hardcastle, 49 Lakeview Road, White Salmon, WA 98672
 hardcastle@starband.net

This is the membership application for the German Shepherd Dog Club of America. For the application for our club see the club web site or pick one up at training

What is the Connie Beckhardt Award

Our very own Hellen Mille-Fisher received the Connie Beckhardt Award this year. So I thought we might want to review what that really means.

First presented in 1991, recipients of the Award should exhibit the qualities of a goodwill ambassador for the German Shepherd Dog. They must display exceptional qualities in mentoring and sharing their time and knowledge with others, and lead by example, demonstrating the best of sportsmanship and care of their German Shepherd Dogs. To learn more about this award and it's past winners, click [Read More](#).

Recipients of the Award must have integrity toward the Breed and the public, and be devoted to the welfare of all German Shepherd Dogs. Included in the definition of integrity are breeders who strive toward producing dogs with sound temperament, working ability, , OVC or SV "a" stamp certified hips and elbows, and good health.

Connie Beckhardt Award Selection Guidelines.

Member of the GSDCA for at least seven years.

Breeder of German Shepherd Dogs for at least seven years.

Breeder, on their own property, of three AKC German Shepherd Dog Champions

Breeder of one ROM.

Breeder of at least one GSD with a working title.

October Obedience Workshop



GSDCA National Results 2010 Selects



Dogs

Select 4 Ch Hi Cliff Free N Easy Greg Harrison
& Liana New

Select 11 Lindenhills Machu Picchu, Al Schwinghammer

Bitches

Select 9 Ch Hi-Cliff Sienna Kaleef,
Randy, Darlene & Patricia Cliff

Class Placings

Novice Dog 1st Anne-Isle's Promise Keeper TC TDI
Martha Simonett

Veteran Bitch 3rd Ch Todor-Marquis Legally Blonde Doug,
Liz & Maria Oster

Showmanship Open Jr 9-12 2nd Maria Oster

Performance

Herding Started Sheep Qualified Kubistraum's Quick Pick
Virginia Bailey & Verna Kubik

Obedience Brace 1st place Zephers Addelaide Princess &
Hallingfal's Man on Fire, Ron Halling

Rally 1st Novice A Ch RiverRock's Hotel California HSAS
Dr. Zoa Rockenstein

Agility Tues 2nd Excellent B Standard Preferred 20" Katja
Rhonda Meath

Weds 2nd Excellent B Standard Preferred 20" Katja
Rhonda Meath

Newsletter - First Place Large Club Monthly Division

Web - Third Place of all clubs (not a divided entry by club size)

Regional Club Challenge Large Club Division First Place

Connie Beckhardt Award - Helen Miller Fisher

Cold Laser Therapy

By Julie Swinland & Dr. Mark LaVallie, DC, CVSMT

I talked to Dr LaVallie at the German Shepherd Fun Day in July and he told me he could now do cold laser therapy. I thought about that when I went home and looked it up on the internet and found that it could be helpful for arthritis. Gabby, Black Forest Amazon Queen CD RE CGC TC, Broke her right leg when she was about 3 months old. She and her mother, Amy, were wrestling in the living room and she got her leg caught under a low table. I was just a few feet away and the yelp drew my attention immediately. She was limping and had to go to the vet. She had surgery and I was assured that she would be fine. Well, that wasn't quite the case. Although she managed to get her CD and RE titles her leg was no longer straight, she was always "off" on that leg, and developed arthritis. So when I put all the pieces together in my mind I thought maybe cold

laser therapy could help. She turned 10 in August and hadn't been able to jump into her crate in my truck or jump onto the grooming table by herself for probably a year. She would put her front paws up there and then look at me like she was saying "Well? Help me!"

Gabby had her first treatment a few weeks after I discussed it with Dr LaVallie. After the treatment I asked the tech to help me get her into her crate since I am not supposed to be lifting dogs for awhile, but before he could help, Gabby lept easily into her crate. I found that she can now jump onto the grooming table too! She still limps, but she seems very happy, the happiest she has looked in years. She runs and jumps over things and is her old self. Initially she was having one treatment a week but now she is having them once a month.

So what is cold laser therapy?

Cold laser therapy is an advanced modality for the treatment of inflammatory or painful conditions in animals.

The most common indications for laser therapy are:

- 1) Arthritis (degenerative joint disease)
- 2) Back pain (intervertebral disc disease)
- 3) Joint pain and injuries
- 4) Trauma (skin, muscle and bone)
- 5) Wound healing
- 6) Surgery (incision healing)
- 7) Inflammatory conditions:
 - a. Acute or chronic otitis (ear problems)
 - b. Anal gland inflammation
 - c. Periodontitis (gingivitis)
 - d. Hot spots
 - e. Lick granulomas
 - f. Idiopathic Cystitis (bladder inflammation)
 - g. Sinusitis, Rhinitis (nasal and sinus problems)



Gabby can now jump on the grooming table by herself



(L to R) Dr Mark LaVallie, Dr. Larry Morrisette, DVM, and Gabby,

Laser therapy has been in use for more than 25 years. More than 3,000 scientific publications have been written validating its effectiveness.

It has been demonstrated to be non-toxic and to have no adverse side effects.

What is Laser?

Laser utilizes light energy in the red and infrared spectrum. Red light wavelength is used to treat superficial conditions such as wound healing and skin lesions. Penetration is up to 3/8 of an inch. Infrared wavelength allows for deeper penetration of up to 2 inches. It is effective for treating acute and/or chronic pain, musculo-skeletal and joint related conditions.

Laser can also be administered in pulsed or continuous modes.

Continuous laser acts fast on inflammation, stimulating blood and lymphatic circulation, thus producing rapid re-absorption of fluid build-ups (edema). When the inflammatory process is attenuated, pain is then diminished.



Pulsed laser emissions, on the other hand, have an immediate effect on pain, since they are able to produce analgesia, interfering with the very transmission of the pain response to the brain.

The bottom line is that laser therapy produces changes at the cellular level.

These changes include:

- 1) REDUCE PAIN by stimulating cells to produce their own endorphins, our body's natural pain killers.
- 2) PROMOTE FASTER HEALING by stimulating cells to increase protein synthesis.
- 3) REDUCE INFLAMMATION by as much as 75% by deactivating enzymes responsible for causing inflammation.
- 4) INCREASE TISSUE AND BONE REPAIR by stimulating fibroblastic and osteoblastic proliferation.
- 5) RELAX MUSCLES and disperse trigger points.
- 6) DECREASE SWELLING by stimulating lymphatic drainage
- 7) ENHANCE IMMUNE FUNCTION by increasing the number of "killer" cells and most importantly,
- 8) RE-ENERGIZE OR RE-POLARIZE CELL MEMBRANES to allow transport of essential nutrients across cell walls (nutrients will not cross an injured or sick cell wall, thus slowing healing) allowing the cells to speed up metabolic processes, convert newly received photonic energy from cold laser treatment to ATP and rebuild and regenerate at accelerated speeds.



Dr LaVallie, Peak Performance Chiropractic 651-332-1633.
<http://www.facebook.com/PeakPerformanceAnimalChiropractic>

Sue Allsby's Training For Conformation Part 3 THAT DOG'S A MIND READER!

The next trick is making the whole event subliminal. There's not much point in free stacking if you have to get down on your knees to stick your hand in the dog's face. I expect that by now the dog will be staring at your hand whenever he has the opportunity, in case it contains a treat. Good! Walk him into a stand, and try placing his front feet by simply moving your hand from side to side, instead of luring with a treat. Watch his feet, click and treat when the feet lift, just as you did when you started training him to stack. With a little work, you should be able to keep your hands at your waist and move his front feet by simply moving your right hand left or right a few inches. Eventually you'll be able to simply look at one foot and the act of looking will produce a head tilt or shoulder motion enough to tell him to move that foot. People will be amazed! You'll be a star!

Once your dog is securely stacked, there is a neat game you can play with him to keep him stacked and alert in the ring. Get him stacked, stand in front of him, show him a treat, put it behind your back for a second, and if he's still stacked, click and toss the treat. You can toss it to him to catch, or skid it along the floor in any direction and let him chase it down. Start again. Gradually take longer and longer to get the treat behind your back, and longer and longer to click after the treat is hiding. The dog knows the treat is coming, but doesn't know when, or where it's going to go, so he stays alert.

SETTING THE BACK LEGS

Teaching the dog to back up gives you control in several areas. If you aren't happy with how he's placed his back legs, you can reach down and move them by hand or, if he's reasonably well put together in the rear, you can simply ask him to back up a step, and proceed to free stack from there.

There are two ways to teach backing. The simplest is to stand in front of him. Slowly lean and step toward him until he takes a step backwards. Click the first paw moving backwards.



Teaching backup - as the handler slowly steps into the dog, the dog cheerfully backs up. Note she has walked her back legs into a perfect position - time to move her forward/sideways to correctly place the front feet!

This method has the added advantage of building in a cue – lean slightly toward the dog, and he will back up.

The other method is to lure him backwards with a treat at his nose. Lower the treat slowly toward his throat (not down to his chest, or straight back, but down onto his throat). Most dogs will step backwards. Click, and treat. This method produces a hand signal – not so subtle, but it gets the job done. The other method is to lure him backwards with a treat at his nose. Lower the treat slowly toward his throat (not down to his chest, or straight back, but down onto his throat). Most dogs will step backwards. Click, and treat. This method produces a hand signal – not so subtle, but it gets the job done.



Practise moving his head to his right or left before you ask him to back up. Does it make a difference in which back foot he moves first? Try it in the other direction. Zowie, you now have control over his back legs too!

CONFORMATION ZEN

One final trick. It's frequently necessary for me to hold bait in my hand and show the dog's teeth to the judge at the same time, so I teach Conformation Zen. Food held between my thumb and forefinger is available to the dog. Food held in my last three fingers is NEVER available. Hold a treat protected in your last three fingers, put your hand down where the dog can worry at it, and wait for him to lose interest. When he does, click, switch the treat from the protected position to your thumb and forefinger, and hand it to him. Repeat until he understands that the treat isn't available, no matter what he does, until you hand it to him from your thumb and forefinger.

Things to Consider - reprinted from the web

Some of these items are generally non-toxic while other items (including foods) can be highly toxic. Today I want to give you a list of the most toxic items dogs commonly ingest. They include:

Chocolate
Cocoa bean mulch
Cigarettes and cigarette butts
Mushrooms
Paint balls
Potpourri
Grapes and raisins
Slug bait
Some types of chewing gum that contain Xylitol
Pennies
Yarn, string, ribbon, cassette tape and other similar items

If your dog eats something and you have any doubt about whether it is dangerous or toxic, always call your veterinarian or local emergency clinic.

By the way - the average cost for treating a dog that has gotten into a toxin is \$342.65.

**German Shepherd Dog Club of
Minneapolis/St Paul
October Board Minutes
October 08, 2010**

Mada Skare, President, Julie Swinland, Vice President, Jill Myers, Secretary, Roger Salava, Treasurer, Linda Salava, Board (3 year term), Ginny Altman, Board (1 year remaining)
Board Members absent:
Lisa Marie Fortier, (2 years remaining)

This month's meeting was held at the Animal Inn training center.

President called the meeting to order at 6:40pm.

1 President's Report – none

2 Vice President's Report – none

3 Secretary's Report –

- The minutes of the last board meeting were emailed to the members and posted to the website.
- Contracts have been sent to the specialty show conformation judges, D.D. and Sally. All the obedience judges have been contacted but one more is needed in addition to Karen Anderson.

4 Treasurer's Report –

- Roger Salava reported that the checking account balance is \$8,664.26 as of 9/30, ending balance for the money market account is \$5,710.19 as of 9/19.
- Ginny Altman informed us the GSDCA is asking regional clubs for donations for Lex a dog whose handler was killed in Iraq. Lex sustained injuries including shrapnel lodged in his back. The parents of the soldier have adopted the dog but are unable to pay the \$6000 fee for the vet recommended procedure. Ginny Altman moved that the Board approve \$100 and recommend to the members that this be increase to \$200 to be sent to Laura Gilbert, corresponding GSDCA secretary to assist with the vet bill. The motioned was seconded and passed unanimously. Roger Salava noted up to \$500 could be donated based on our current financial status.

5 Membership Report – none

6 Shep O Gram and Website – Julie will be sending out the October issue shortly.

7 Fun Match –

- Kathy Duvall and Jan Anderson will be co-chairing the match and looking for volunteers to help.

8 Training Director – none

9 2011 Futurity & Specialty Show -

- Additional classes per Verna Kubik may be added to obedience i.e. beginner novice, grad open; to be discussed and recommended at next month's member meeting.

10 Herding Trial -

- Verna Kubik will have an expense and income break down at next month's meeting. Preliminary invoices indicate a nice profit was made.

11 Banquet –

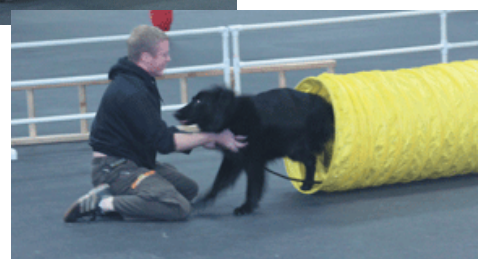
- Linda Salava is checking out possible locations at Joseph's Grill & Tartan Park. She will have pricing at the November meeting.
- Jan Anderson has expressed an interest in chairing the banquet committee this year.

Meeting adjourned at 6:58pm

Next Board meeting:

Tentatively Saturday November 6th @1pm.

Jill Myers, Secretary



**Tunnel work at
the Obedience
Workshop**

Awards Presented at Our Annual Banquet in January

If you earned any awards for your dog during 2010, please fill out the attached form in order to be recognized at the banquet. Below is a description of the awards which qualify and how to determine whether you qualify for a plaque or bar.

The Club shall present an award for all titles for Agility, Conformation, Herding, Obedience, Rally, and Tracking Titles issued by the American and Canadian Kennel Clubs. Awards will also be given by the Club for titles earned at the American National & Titles earned from the GSDCA including Conformation, Obedience, Herding and Agility Grand Victor and Victrix, Select or Select Excellent, Maturity Victor/Victrix, Futurity Victor/Victrix, Winners Dog, Winners Bitch, Best Junior Handler, Best Puppy, Top Ten Stud Dog/Brood Bitch, ROM, Highest Scoring German Shepherd Dog in Regular Obedience Classes, Highest Scoring Champion in Obedience, High in Herding Trial, High in Agility Trial, Performance Award of Merit, Award of Excellence (AOE), High in Trial-Tracking. In addition, awards will be given for appearances in the annual Redbook Top 10 living ROM Sires & Dams, and the Top 10 sires & dams of AKC major point winning progeny.

For certificates honored at the AKC and American National level. the club will acknowledge the certificate in the banquet program in a "Honorable Mention" section. Such certificates include: Canine Good Citizen, Herding Instinct and other such certificates.

These awards will be presented to members of the Club in good standing. This requirement may be met by:

- ◆ Being a member in good standing at either the time the award is earned or at the date of the Annual Banquet at which the award is to be given or
- ◆ By becoming a member applicant by the date of the Annual Banquet at which the award is presented.

The Club will present one plaque award per member's dog. Any additional awards presented to that dog will be in the form of a bar, which will affix to the plaque. A member may purchase a plaque instead of a bar for the difference in cost to the Club. Members and co-owners may purchase their own plaques for awards not recognized by the GSDC – MSP at the cost equal to the amount billed to the Club.

Please submit the name of dog and owner for any awards earned in the calendar year 2008 in order to have your plaque or bar ordered and ready to be given out at the Annual Awards Banquet (First awards are free).

Complete one form for each dog

Bring a framed photo to the Awards Banquet.

Full Name of Dog _____

Call Name _____

Owner (s) _____

Award

Please circle one Bar or Plaque

Submit information about you and your dog on a separate paper (must fit on one page of our booklet) for the Awards Program booklet.

_____	Upgrade from bar to plaque	\$20.00
_____	Purchase additional Bar	\$15.00
_____	Purchase additional Plaque	\$30.00

Check must be enclosed for Upgrades and Purchases
Mail or E-mail this form, Check (if applicable) and narrative

By: December 20, 2010

(fees made out to GSDC - MSP if applicable) to:

Mada Skare, 106 Twinkle Terrace, Circle Pines. MN 55014, wildfanz@comcast.net

**German Shepherd Dog Club of
Minneapolis/St Paul
October 08, 2010**

Board Members:

Mada Skare, President, Julie Swinland, Vice
President, Jill Myers, Secretary, Ginny Altman,
Board (1 year remaining), Board Members
Absent:, Roger Salava, Treasurer, Linda
Salava, Board (3 year term)
Lisa Marie Fortier, Board (2 years remaining)

The President called the meeting to order at
8:25pm

President's Report:

- None

2. Vice President's Report:

- None

3. Secretary's Report:

- Kathy *DuVall* moved that the minutes of
the previous board and member meetings
emailed and posted to the web be approved;
the motion was seconded and passed
unanimously.

4. Treasure's Report:

- none

5. Membership Committee:

- None

6. Fall Fun Match:

- Kathy *DuVall* & Jan Anderson will be co-
chairing the match. Julie Swinland will be
creating flyers and contacting judges. A
theme will be determined and volunteers for
food and other jobs will be needed.
- Ginny Altman moved that a silent auction
to benefit *FaerieLand Corgi & German*

Shepherd Rescue fund be offered at the
match; the motion was seconded and
passed unanimously.

- Registration will begin at 6pm and the match
will start at 7pm on Friday November 19th.

7. Shep-O-Gram & Website:

- Julie Swinland will be sending out the
October issue soon.

8. Training Director:

- Ron Halling's next training workshop will
be on October 23rd, see website for more
details.

9. Old Business:

- The Annual Banquet will be held on January
29th.

10. New Business:

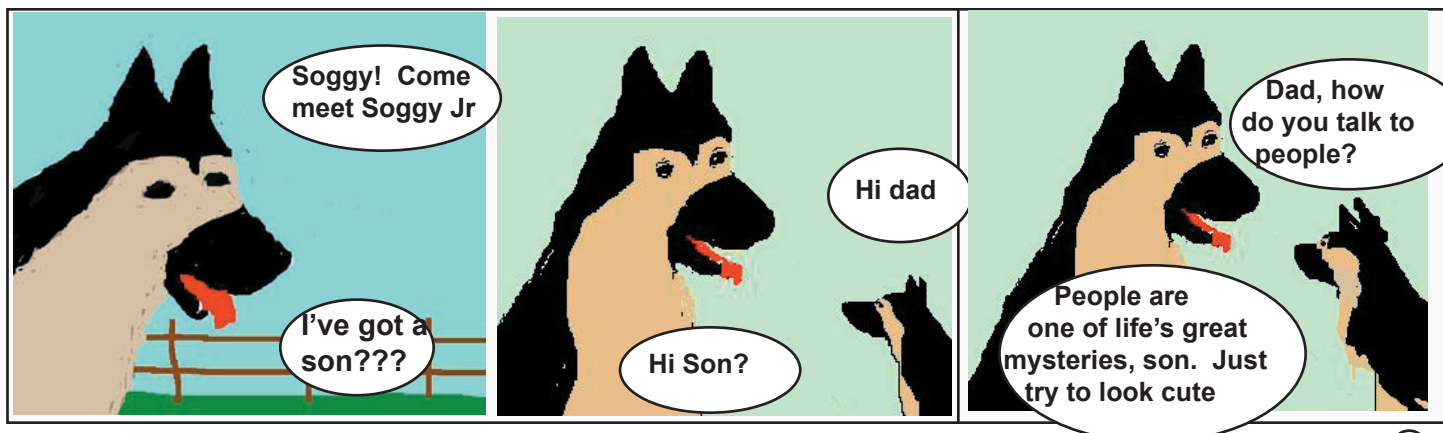
- A chair and nominating committee are
needed for 2011 elections.
- The GSDCA is asking for donations from
the regional clubs to help cover the \$6000
cost for veterinary services for a dog that
was wounded in battle. His owner was killed
in Iraq and the parents are now caring for
the dog but do not have the funds needed
to remove shrapnel from his back. Ginny
Altman moved that \$500 be donated to help
cover costs for Lex the dog. After some
discussion the motion was seconded and
passed. A check will sent to the GSDCA
corresponding secretary who is collecting the
donations.

The next membership meeting is scheduled for
November 5th.

Meeting adjourned at 8:38pm

Jill Myers, Secretary

SOGGY by Julie Swinland





**German Shepherd Dog Club
of Minneapolis/St. Paul
AKC Sanctioned Match
November 19, 2009
Animal Inn**

FUN!

Registration opens at 6:00 p.m. Match starts at 7:00 p.m. - \$5.00 for first entry
and \$4.00 for 2nd entry of same dog. Handlers may not charge fees.



FOOD!

Tailgate party theme
Bring food

chili
calico beans
sloppy joe's/buns
chips with dip
taco salad
Salsa/chips

Sign up with Jan
Anderson and let her
know what you are
bringing -

Breed judge: Sherry McKinnon

Breed Classes

3-6 & 6-9 mos.

12-18 months

Novice

Bred by Exhibitor

Am Bred

Open

Best puppy in match

Best opposite puppy in match

Best adult in match

Best opposite adult in match

BEST IN MATCH

Obedience Judge: Terry Berg

Pre-novice

Grad Novice

Novice A & B

Open A & B

Utility A & B

Veterans

High in Trial

High Combined

Rally Judge: Donna Bonnicksen

Novice A & B

Advanced A & B

Excellent A & B



**Silent
Auction**

Match Chairs: Kathy DuVall marienterprises@msn.com, 763-413-9067
and Jan Anderson k9taxijan@msn.com 763-473-8977



Jan and Kathy need volunteers to help with the match, and food. They also
need donations for the silent auction.

Silent Auction proceeds will
go to Faerieland Rescue
Bring items to auction off

For information contact
Kathy DuVall



Club Events

Nov 12 Membership meeting at 8:30 at Animal Inn.

Nov 19 AKC sanctioned Match Animal Inn
See Page 11 for information

REMEMBER TO SEND YOUR DUES IN TO ROGER SALAVA

January 29, 2011 Annual Banquet



Watch for the
next obedience
workshop

Shep-O-Gram
1087 Allen Avenue
W. St Paul, MN 55118



German Shepherd Dog Club
of Minneapolis & St Paul

GSDC MSP Class Schedule

Obedience Classes effective July 1, 2010

Ring 1

Eileen Varhalla
Run throughs 6:00-6:45
Intermediate Novice 7:00-7:45
Beginning Ob or Advanced Puppy 8:00-8:45
Advanced Puppy will be offered between
Beginning Obedience blocks

Ring 2

Lisa Marie Fortier
S.T.A.R. Puppy Class 7:00-8:00
Jinny Bailey
Rally Class 8:00-8:45

Ring 3

Jinny Bailey
Competition Obedience 6:45-7:30
Various Trainers
Jr Handlers/Puppy Conformation 7:30-8:00
Adult Conformation 8:00--8:30
Puppy Socialization -designed for breeders and
owners to chat 8:30-9:00

Training Director: Sheila Metz

Sheilawm@comcast.net

651-489-7467